

Understanding Medication Access at the Pharmacy Level

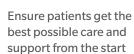
Answering common questions to help patients get the medication prescribed



Your Role Is Critical in Helping Patients Manage Their Disease



Make personal differences in patients' lives by supporting individualized treatments







Leverage available resources to help educate patients and set expectations about treatment



Advocate for patients at every step in the treatment and fulfillment process

- Your goal is to provide the best care for your patient. And when it comes to medications, ensuring the patients receive the medication prescribed is critical
- You can make a difference in patients' lives by taking steps to support the treatment plan for each patient and by being their advocate
- Setting clear expectations for patients on the importance of their treatment plan often starts with you



The Importance of Office-to-Patient Dialogue

It's important for the office to communicate treatment expectations and provide resources such as patient brochures and savings program information to help educate patients.



Patients should know why their doctor chose their medication (at times, this could mean prescribing a branded medication vs a generic)



Patients may feel more empowered at the pharmacy when they know what to expect



Patients who better understand their coverage can make informed decisions about their prescription (Rx)

Dialogue example

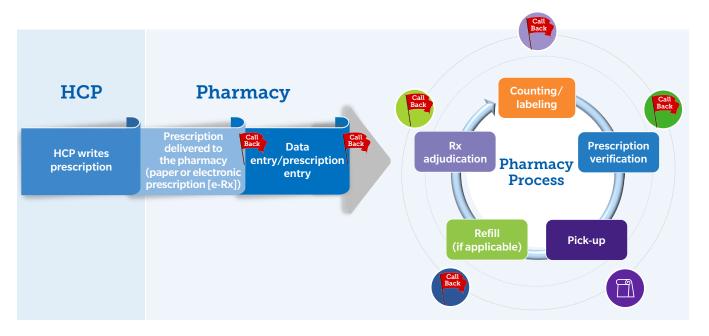
"Mrs. Johnson, the doctor chose this specific medication because they think this is what is best for you.

"When you get to the pharmacy, they may ask you questions about how much you are able to pay. It is important that you call us if for some reason the pharmacy does not give you exactly what was prescribed."



The Prescription Process and Potential Callbacks

This is the path a prescription takes from the office through the pharmacy, and all the places where callbacks are common.



- The healthcare professional (HCP) writes a prescription. If appropriate, they check Dispense as Written (DAW) or Do Not Substitute (DNS) to ensure the patient receives the prescribed medication
- A prescription is a legal document and cannot be altered by anyone other than the prescribing doctor
- If it is an electronic script, the name of the product should be written down for the patient, so the patient knows what medication was prescribed
- If the Rx is a brand, be sure to let the patient know that the doctor prescribed a branded medication
- Take these steps before the patient leaves the practice in order to reduce the chances of the patient not receiving the medication that was prescribed
- What is the typical pharmacy process? After the script is entered, the adjudication process begins
- This is often when callbacks are made



What Are the Most Common Reasons for Pharmacy Callbacks?

Rx coverage

- Prescription not covered
- Prior authorizations (PAs)
- Step edits
- High deductibles/coinsurance





Pharmacy intervention

- Generic substitution requests
- Refill too soon/quantity limits
- Pharmacy clarifications
- Fax requests (changes/refills)

Other

- Patient affordability
- Patient nonadherence
- Pick-up logistics/long waits
- Patient lost or ran out of medication

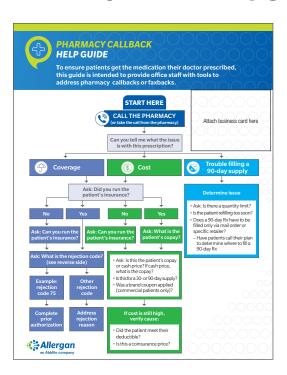




Pharmacy Callback Help Guide

This guide is intended to provide office staff with helpful information when encountering callback issues from the pharmacy. For example, if the pharmacy or patient calls and says the medication isn't covered. Many times, a product is actually covered and there could be some simple questions you can ask to understand what is really going on.

Pharmacy Callback help guide





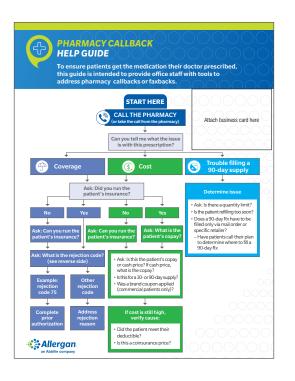




How to Use the Pharmacy Callback Help Guide



Use the flowchart on page 1 to understand the callback reason.



This guide will help you handle callbacks that occur for these 3 common reasons:







Coverage Cost 90-day fill



How to Use the Pharmacy Callback Help Guide (continued)

STEP 02

Use the table on page 2 to translate the rejection code or reason.



Pharmacy rejection codes and reasons

- Provide pharmacy translation to help understand why the claim was rejected and how to act
- A pharmacy technician must code the reason a product is not covered
 - In many instances, the product is actually covered; however, there could be another reason it wasn't filled at the time
 - For example, if a patient tried to fill the Rx too soon, they could be told it wasn't covered and this may prompt the patient to call your office
- If a rejection code is not provided, insurance may not have been processed



Pharmacy Help Guide for New Rx and Refills

This guide provides helpful information when initiating new prescriptions and refills for your patients.



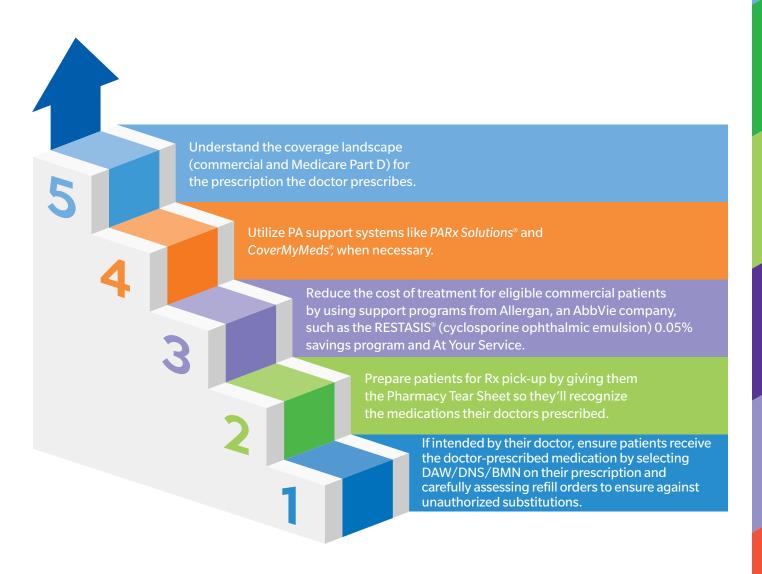


${\bf Establishing\ a\ routine\ can\ help\ ensure\ that\ patients\ get\ the\ prescribed\ medication.}$

Uncheck the "generic substitution permitted" box if automatically checked
Provide copay savings cards to patients when possible
Explain the importance of the prescribed brand-name treatment to patients
Remind patients to ask the pharmacist, "Is this the price of the medication or is this my copay?"
Send refills through your e-Rx system if fax form does not include a space for DAW or brand medically necessary
Consider putting notes to the pharmacist in the signature line for visibility



Five Important Steps to Help Set Up Patients for Success at the Pharmacy





E-Rx and EHR

How Can I Best Use E-Rx/EHRs to My Advantage?

The e-Rx portion of an EHR is an efficient way to convey instructions from the doctor to the pharmacist

However, if not changed, default settings in the e-Rx can enable unauthorized substitutions to the medication order.

To prevent any confusion with e-Rx/EHR prescriptions:



01

Create a favorites
list with the doctor's
frequently prescribed
medications (if your
system offers
a favorites list
capability).

Change any
default settings
that may allow
for substitutions.
Periodically review
these settings as
the changes can
return to the default
following any
program updates.





03

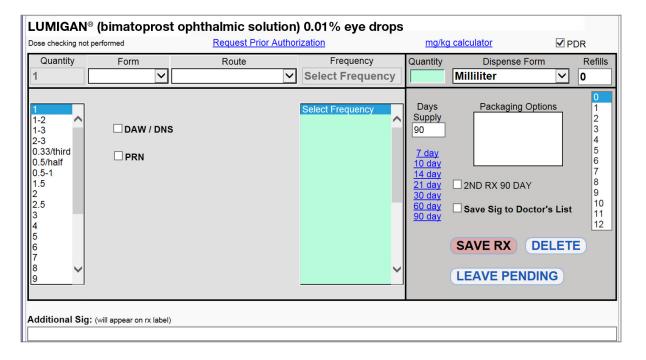
Always select DNS or DAW or applicable language by state on all e-Rx prescriptions if that is what the doctor intends.





E-Rx and EHR

Example of an E-Rx/EHR System



This screen shows where you can select

- Quantity
- DAW/DNS
- Frequency of treatment
- Days' supply
- Refills



Intervention Letters

How Can Intervention Letters Affect My Patients?

Some health plans send intervention letters stating that a medication is not covered or no longer covered

These letters can be confusing for patients, who might assume that the medication itself is no longer covered, when, in some cases, it may just be a specific packaging size. This letter may also be confusing to practices, as letters may be sent on a national payer letterhead but may only reflect a subplan or employer group.

 For example, coverage may be based upon the bottle size of the prescribed medication. Quantity limits within a health plan determine the bottle or packaging sizes that patients can be prescribed



If a patient comes to you with an intervention letter, determine exactly what is no longer covered, then ensure the patient gets the package or bottle that is still covered under their health plan.



Intervention Letters

Example of an Intervention Letter

March 8, 2022

Dear John Doe,

Our records show that on 3/6/2022, you filled a prescription for a medicine that is either not included on our formulary drug list, or it is included on the formulary drug list but subject to certain limits. We have provided you with a temporary supply of the following medicine:

It is important for you to know that this is a temporary supply of this medicine and it may not be covered under your plan if you attempt to fill it again without taking action.

ACTION NEEDED: Please talk with your prescriber

Before you run out of your medicine, please talk with your prescriber about your treatment options. Ask if you should:

- Switch to a new medicine that is on our formulary drug list, OR
- Request a prior authorization showing that you meet our criteria for coverage, OR
- Request an exception to how we cover this medicine

When you request approval for coverage or an exception from coverage criteria, these are called coverage determinations. Please do not assume that any coverage determination, including an exception, you have requested or appealed has been approved because you were able to receive more fills of a medicine. If we approve coverage, we'll send you another written notice.

To learn how to switch to a new medicine, ask for an exception or prior authorization, or appeal a denial, see the instructions at the end of this letter.

The following is a specific explanation of why your medicine is not covered or is limited.

- This is an example of an intervention letter from a health plan provider to a patient
- The letter states that the patient's prescribed medication is not covered and that the patient has been given a temporary supply until a prior authorization or exception is granted
- Some plans will still provide access to the drug with a medication exception or PA form



How Can I Ensure Patients Get Prior Authorization (PA) When Needed?

PA process

To ensure that the patient receives the medication that is prescribed, the doctor's office may be required to complete a PA request.

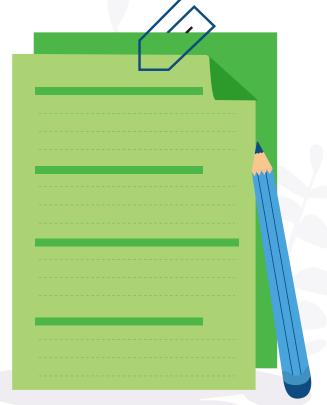
PA purpose

A PA is a process that some managed care companies require to validate the appropriate use of certain medications.

PA form

If a medication requires a PA, the appropriate form must be completed, submitted to the managed care plan, and approved before the medication can be covered and dispensed.







PA Support for Allergan Products

covermymeds®



- Electronic services to streamline the PA process
- Assist with patient access to appropriate treatments and products
- Improve time to therapy and decrease prescription abandonment

Learn more at <u>CoverMyMeds.com</u> and <u>PARxSolutions.com</u>





CoverMyMeds®Process for Completing a PA Initiated by the Pharmacy

Pharmacy initiates a PA request in CoverMyMeds® and sends it to the HCP office.

The HCP office will receive a fax with instructions on how to access the PA on CoverMyMeds.com.

• If the office has a verified account with *CoverMyMeds**, the PA will automatically be shared into their account

Steps to access the PA

019 029 039 049 059

Log in or **create** your free account at <u>CoverMyMeds.com</u>. Click **Enter Key** on your *CoverMyMeds*® dashboard.

Enter the key, patient last name, and date of birth (DOB) indicated on the fax. CoverMyMeds® will autopopulate certain portions of the PA request.

Fill in any remaining fields on the PA request and click Send to Plan. The provider will be notified by the health plan regarding the PA determination. The CoverMyMeds® system notifies the pharmacy when a health plan uses an e-PA form; for health plans using e-fax forms, the pharmacy is notified once the determination is marked in the CoverMyMeds® system.

These PAs will have demographic information pulled from the dispensing system and autopopulated in the PA.



CoverMyMeds®What Happens if the Provider Doesn't Take Action After the Pharmacy Initiates the PA?



If the office does not access the PA within 48 hours:

 CoverMyMeds® will automatically send a follow-up fax with the same instructions on how to access the PA on <u>CoverMyMeds.com</u>



Some offices find it faster to complete the PA electronically, as the office may receive a determination a couple of days sooner when done electronically than when sent to the plan via fax.



PARx Solutions® PA Support for Patients and Prescribers

Steps for submitting a PA

Your office

- 01 Log in at <u>PARxSolutions.com</u>.
- Provide the standard required PA information and verify for completeness.
- O3 Click Submit to send to PARx.

PARx Solutions®

- O1 Checks the PA request for completeness
- O2 Submits the request to the designated health plan
- Manages the request and all follow-up throughout the process
- Notifies your office of the outcome of the PA request, and updates the provider's status page



Ensure all staff in your office are aware of the information that plans commonly ask for on a PA and where to locate that information in the patient's chart.

Ensure that the specifics (eg, DAW/DNS) of each prescription are entered in the e-Rx/EHR system so that the patient receives the appropriate medication.



Quantity Limits

How Can Quantity Limits Affect My Patients?

Health plans vary, with many placing limits on the bottle and packaging sizes that are covered for patients

Understanding quantity limits within each health plan can help you ensure the doctor prescribes the largest covered size of a patient's medication.



 Larger bottle and packaging sizes provide more doses of medication, often for a nominally higher copay (when covered)

 Quantity limits are put in place to ensure dispensing is consistent with on-label use.
 Quantity limits generally do not prevent a patient from getting a 90-day fill, but they would prevent a patient from refilling a 90-day prescription after 40 days





 Additionally, if the largest size of the patient's medication is not covered, it can typically be exchanged for a smaller size without the pharmacy initiating a phone call to the office



Quantity Limits

What Can I Do to Reduce Pharmacy Callbacks Regarding Quantity Limits?

In many cases, you will receive phone calls from the pharmacy, asking you to approve a change to a medication

These frequent calls can take you away from other important daily tasks.

You can help to reduce or prevent pharmacy callbacks and ensure that patients get the medication the doctor intended

- Always reinforce to the pharmacist and the patient that the physician chose a certain medication for a reason—it's the medication he or she believes is right for the patient
- Patients are frequently rejected for quantity limits on their medications due to refilling too soon. In many cases, patients may need to wait a few days to refill
- DAW (Dispense As Written):
 Select the proper checkboxes if you wish the prescription to be dispensed as written. Have you electronically indicated your brand preference?





Quantity Limits

Example of Quantity Limits Letter

Name of Medicine: <insert product name>

Date Filled: 01/19/2022

Reason for this notification: Quantity Limit

This medicine is on our formulary drug list, but we do not cover the full amount prescribed. We will not pay for more than what our quantity limit permits unless you obtain a quantity limit from us. We limit the amount of medicine that we cover at one time for safety reasons.

You can refill your prescription until you get a 30 day supply. Before you use up your supply, your prescriber will need to request a quantity limit exception from us. Additional fills will not be covered unless you receive approval from us to cover this medicine.

How do I change my prescription?

Talk with you prescriber and see if the alternative medicine option(s) will work for you. If there is no alternative medicine that will work for you or your prescriber feels the prescribed medicine works best for you, you or your prescriber can request an exception from us to cover this medicine.

How do I request a coverage determination, including an exception?

The first step in asking for a coverage determination, including an exception to our coverage rules is for you or your prescriber to contact us at:

Attn: XXXX Pharmacy Review PO Box 12345 City, State Fax: 1-8xx-xxx-xxxx Phone: 1-8xx-xxx-xxxx

If you are requesting coverage of a medicine that is not on our formulary drug list, or an exception to a coverage rule, your prescriber will need to send a statement supporting the request. It may be helpful to take this letter with you to the prescriber or send a copy to his or her office. If the exception request involves a prior authorization, or other coverage rule we have placed on a medicine that is on our formulary drug list, the prescriber's statement must indicate that the coverage rule we have placed on your medicine isn't right for your condition or would have adverse effects for you.

We will let you know if the request was approved or denied no later than 72 hours for standard requests or 24 hours for expedited requests, once it has been received. For exceptions, the timeframe begins when we obtain your prescriber's statement.

- This is an example of a notice from a health plan to a patient regarding quantity limits
- It is important when writing an Rx to check DAW and "largest bottle covered" to cut down on the number of quantity limits letters



Substitutions

How Can I Minimize Unauthorized Product Substitution at the Pharmacy?

Medication substitutions are very common

Due to many managed care policies, patient concern over copay cost, and state and other substitution laws, there is a strong likelihood of substitution for certain prescription drugs.

 Substitutions may cause patients to receive a medication other than what the physician intended and often require a call to the physician's office

You can help ensure that patients get the medication the doctor intended

- O1 Ask patients to bring in their medication so you can see that they have received the correct medication from the pharmacy.
- Always reinforce to the patient and the pharmacist that the doctor chose a certain medication—it's the medication they believe is appropriate for the patient.
- Unauthorized substitutions can be reduced or prevented by checking DAW or DNS, or applicable state requirements, in addition to "brand medically necessary" on handwritten prescriptions and by selecting these options on e-Rx prescriptions.
 - Ensure refills also indicate this



Substitutions

Example of Pharmacy Substitution

"The pharmacy switched my medication."

Patient comes into the office using drug X instead of drug Y, even though the physician prescribed drug Y.

- Why so many medication switches?
 - The physician's office authorized the switch verbally because of the patient's insurance plan or because a generic was requested
 - Refills
- What can the office do?
 - A physician can choose to provide his or her own direction to the pharmacist regarding the prescription
 - Indicating DAW or DNS on the prescription (per state guidelines) can also help alleviate substitutions at the pharmacy level

TO: (Prescribing Provider)		т	itle:	NPC:
DEA:		State License:		
Address:		Fax:		
City, State, Zip		Phone:		
Patient Name:		Patient DOB:	Plan:	
Patient Address:		Patient Phone:	:	
Alert Name:	Cost Savings - Lumigan	Pharmacist	Date:	
our attention:	ducted for your product. I sp	questes a change fi	rom	for co
rour attention: Recommendation - Cost S savings after a discussion		questes a change fi	romrmacy staff. Ple	for co
rour attention: Recommendation - Cost S savings after a discussion would be clinically appropriately appropriately What you need to to:	savings: Your patient has re with our Medication Therap riate. Please check your pati	questes a change fi y Management pha ent's formulatory b	rom rmacy staff. Ple efore changing.	ease assess if this change /adding therapy.
our attention: Recommendation - Cost Sawings after a discussion would be clinically appropriately to	avings: Your patient has required the same of the same	questes a change fi y Management pha ent's formulatory b	rom rmacy staff. Ple efore changing.	ease assess if this change /adding therapy.



What Resources Can Help My Patients With Cost Assistance?

Allergan patient savings and assistance programs are available on AllerganEyeCare.com

Patient savings tips

- Print or email savings offers found on AllerganEyeCare.com to your patients
- Note that patients are not eligible for coupons if they are enrolled in any federal, state, or government-funded health program. This includes Medicare, Medicaid, Medigap, VA, DOD, and TriCare as well as any other state or federal employee benefit programs
- Find your patients' copay and coverage status with the Cost Estimator at SaveWithAYS.com

Patient assistance

 The Allergan Patient Assistance Program provides certain products to patients in the United States who are unable to afford the cost of their medication and who meet other eligibility requirements. Refer to AbbVieAccess.com for information.





RESTASIS® (cyclosporine ophthalmic emulsion) 0.05% Savings Program

RESTASIS® savings for eligible patients

Most eligible patients pay as little as \$0 per prescription*

• Commercially insured patients may be able to receive their medication for as little as \$0*, for either the 30- or 90-day supply

Easy enrollment for patients



Visit Restasis.com/save-now



^{*}Maximum savings limits apply; patient out-of-pocket expense will vary depending on insurance coverage. Offer valid for patients with commercial prescription insurance coverage and a valid prescription for RESTASIS® or RESTASIS MultiDose®. Offer not valid for patients enrolled in Medicare, Medicaid, or any other federal, state, or government-funded healthcare program. See RESTASIS® Savings Program Terms, Conditions, and Eligibility Criteria at Restasis.com/save-now



Allergan At Your Service

Comprehensive support to help eligible patients start and stay on therapy

At Your Service provides a simple and efficient approach to prescribing Allergan brands while providing your eligible patients the support they need

Most eligible patients pay as little as \$30 per prescription*

- Commercially insured patients may be able to receive their medication for as little as
 \$30 per prescription
- If patients are using 2 of the medications, both qualify for the \$30 benefit

Two easy ways for patients to enroll



Visit SaveWithAYS.com



Text SAVINGS to 72428









or



Help patients understand their copay differential.





Sign eligible commercial patients up for Allergan savings programs to save money on their prescriptions.

Visit the At Your Service Copay Estimator at <u>SaveWithAYS.com</u> to access reliable coverage and cost information for both commercial and Part D patients.



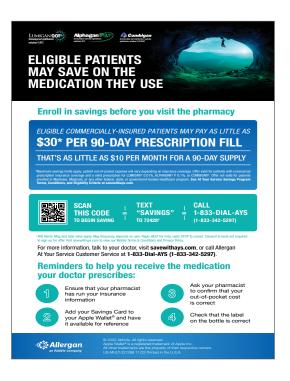


Pharmacy Tear Sheet

The Pharmacy Tear Sheet provides patients with the visual support needed for Rx pickup

- Helps patients identify if they are receiving the medication their doctors intended
- Reminds you to add DAW/DNS/BMN on every appropriate e-Rx
- Allows you to discuss why the doctor chose the Allergan medication
- Offers NDC codes and package details to help the pharmacy fulfill the correct bottle size















Where Can My Patients Learn More About Their Health Plan Coverage?

Patients may have difficulty understanding which medications are covered or not covered and why

How you can help

Drive coverage awareness

 Ask the patient to call the number on the back of their health plan card to see what medication is covered, identify any quantity limits, and if utilizing a specific pharmacy is required



For your Medicare patients:
 Medicare.gov allows you to access
 patient-specific copay information based
 on the plan and medication prescribed





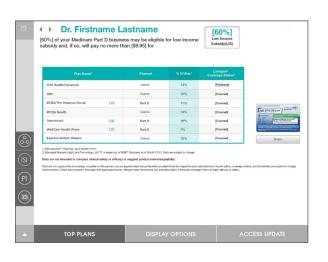
Where Can My Patients Learn More About Their Health Plan Coverage? (continued)

How your rep can help

Share health plan-specific data

• Your Allergan sales representative can provide data for the top plans relevant to your office (see examples below)

Physician-specific data



A PDF of the results specific to your practice can also be sent via email

Plan Name ¹	Channel	% Of Bus.1
Dynamic data fields for Coverage Grid		



Understanding Medicare

The 4 parts of Medicare¹

Includes hospital stays, nursing home/skilled care facility, home healthcare, hospice care

Offered by a health plan; combines
Parts A and B and usually Part D as well

Covers medically necessary doctor services, diagnostic testing, medical equipment, other preventive care

Covers medication costs

Part D standard benefit design^{1-4,*}





Patient is responsible for 100%

Phase 2 Initial coverage limit



Part D plan covers the remaining 75%

Phase 3 Coverage gap



For covered medications, the remaining 75% is paid through the Medicare Coverage Gap Discount Program

Phase 4 Catastrophic coverage



Part D plan and Medicare cover the remaining 95%



References: 1. Centers for Medicare & Medicaid Services. Medicare & You, 2023. Centers for Medicare & Medicaid Services. Accessed April 18, 2023. https://www.medicare.gov/pubs/pdf/10050-Medicare-and-You.pdf. 2. 2023 Medicare Part D Program Outlook. Q1Medicare. Accessed April 18, 2023. https://q1medicare.com/PartD-The-2023-Medicare-Part-D-Outlook.php. 3. Aspire Health Plan. What you'll pay for Medicare in 2023. Aspire Health Plan. Published February 20, 2023. Accessed April 18, 2023. https://www.aspirehealthplan.org/2023/02/20/what-youll-pay-for-medicare-in-2023/. 4. What kind of discount can we expect in the Medicare Part D Donut Hole or Coverage Gap? Q1Medicare. Accessed April 18, 2023. https://q1medicare.com/faq/FAQ.php?faq=What-kind-of-discount-can-we-expect-in-the-Medicare-Part-D-Donut-Hole-or-Coverage-Gap-&faq_id=470&category_id=129.

